

Fresh Produce List



for week commencing

Monday 6th of September 2010

If you have any questions about the products in this list, or if you would like us to source a product for you, please contact us and we will endeavour to help.

Our Top Ten Products This week:

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| 1 | English Sweet Corn |
| 2 | English Courgettes |
| 3 | English Runner Beans |
| 4 | Whole Boneless Quail |
| 5 | Veal Best End |
| 6 | Venison Haunch |
| 7 | Chanterelle Grey |
| 8 | Mirabelle Plums |
| 9 | Plum Tomatoes |
| 10 | Duck Breasts Female |

Special offers this week:

Frozen Whole Quail £1.10 each

Frozen Foie Gras £22.50 per kg

Frozen Duck legs £4.25 per kg

Frozen Duck Breasts £11.99 per kg

Meat...

Order Tuesday by 12am for Friday delivery

There are a few products that have fallen in price this week, the fantastic French Rabbit legs which have sold very well since they were added to the list, along with Squab Pigeon and whole Label Rouge Guinea Fowl! Stock items available to order through the week such as Duck Legs have also fallen in price slightly. Wood Pigeon Breast have been added to the list this week and as we progress into September we can look forward to Partridge, wild Mallard Duck and eventually Pheasant! As the temperature outside drops Ox cheeks and Pigs cheeks become a welcome product again along with the lovely Best End of Veal which is superb Quality and taste, a great addition to any menu!

Poultry

Whole Black leg	x 4	£4.80 / kg
Whole Blue leg	x 3	£5.25 / kg
Whole Label Rouge	x 8	£5.25 / kg
Supremes Label Rouge	x 6	£11.50/ kg
Smoked Whole	1.2 kg	£4.00 / ea
Whole Poussin	x 6	£5.00 / kg

Duck:

Breasts (Female)	200 g	£15.50 / kg
Legs, Large to confit	350 g	£4.50 / kg
Whole Challan	x 3	£5.90 / kg
Smoked Breast	225 g	£24.00 / kg
Rillette	2 kg	£27.50 / ea
Gizzard, Fresh	5 kg	£27.50 box
Gizzard, Confit	1.2 kg	£17.25 box
Legs, Confit, individual	1.2 kg	£2.25 each

Suckling Pig

Whole Pig	kg	£8.50 / kg
Ham (Un-cooked)	kg	£10.00 / kg
Shoulder (Half Boned)	kg	£8.25 / kg
Saddle	kg	£10.90 / kg
Belly	kg	£5.20 / kg

Ox:

Cheeks	10kg	£6.75 / kg
Tail	1Kg	£5.75

Pig:

Cheeks	2.5 kg	£6.50 / kg
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Rabbit:

Saddles large French	x 4	£10.50 / kg
Whole French	x 6	£5.60 / kg
Legs	x 5 kg	£8.25 / kg

Veal:

Best End	8 kg	£14.00 / kg
Fillet	1.5 kg	£27.95 / kg
Marrow Bones, frozen	20 kg	£1.20 / kg
Rump	2.5 kg	£13.50 / kg

Pigeon:

Whole Pigeon (Squab)	x 4	£6.85 / kg
Wood Pigeon (Breasts)	each	£1.10 / ea

Quail:

Whole Bone in	x 20	£27.50 box
Whole Boneless	x 6	£12.60 box

Venison:

Saddle on the bone 6-8 kg	kg	£15.00
Haunch 3-4 kg	kg	£8.60
Steaks 180g	kg	£18.50
Shoulder 2.5-3 kg	kg	£7.95
Diced Meat 5kg pack	kg	£9.30
Pave 700g	kg	£18.50
Bones 5kg *Frozen	Box	£3.75

Guinea Fowl:

Supremes Label Rouge	x 8	£11.00 / kg
Whole Label Rouge	x 4	£5.60 / kg
Legs stuffed with pork farce*	x 10	£17.00 / kg

* Pre Order Needed Monday by 10am

Fresh Produce...

Order Tuesday by 12am for Friday delivery

The Range of wild mushrooms which are available on the market has grown this week, from Black Trompettes, Grey Chanterelle, Pied de Mouton and Shii-take, all of these mushrooms are great quality and well worth their money! New from our Organic Farm in Salisbury are Sweet corn cobs available in a box of 10 and are well priced! Black Figs remain good buys along with red Plums and English Raspberries, Blackberries and Strawberries! Large Leaf Spinach remains at a good price along with Plum Tomatoes and English Courgettes!

Fruit

Apples, Gala	1 kg	£1.75 p/kg
Blueberries	125g	£1.30
Blueberries	Tray	£13.00
Black Figs	2 kg	£8.75 box
Blackberries	Tray	£10.00
Blackberries	125g	£1.30
Blackcurrants	100g	£1.50
Blackcurrants	Tray	£18.00
Greengages	6 kg	£27.50 box
Grapes Black, Muscat	7 kg	£24.50
Lemons	5 kg	£P.O.A box
Melon Charentais	10 kg	£14.00 box
Nectarine Yellow	4.5 kg	£8.75 box
Plums, Red	6 kg	£13.50 box
Plums, Yellow	6 kg	£13.50 box
Plums, Mirabelle	6 kg	£15.50 box
Peaches Yellow	3.8 kg	£6.50 box
Pears, Williams	4.4 kg	£8.00 box
Raspberries	125g	£1.45
Raspberries	Tray	£11.50
Strawberries	400g	£2.40 each
Strawberries	Tray	£18.75

Salad Leaf:

* In stock through the week

Mixed Leaf*	4 x 250 g	£9.45 / kg
Rocket*	4 x 250 g	£9.00 / kg
Baby Spinach*	4 x 250 g	£9.00 / kg
Beet Leaves	5 x 200 g	£9.20 / kg
Mizuna	1 kg	£8.25 box
Chicory Endive	5 kg	£13.00 box
Mustard, Bulls Blood	1 kg	£8.25 box

Herbs from France:

Chervil	x 5	£2.75 each
Chives	x 5	£2.75 each

Herbs from France:

Dill	x 5	£2.75 each
Mint	x 5	£2.50 each
Parsley, flat	x 5	£2.50 each
Rosemary	x 5	£3.20 each
Sage	x 5	£2.80 each
Tarragon	x 5	£2.85 each
Thyme	x 5	£4.10 each

Micro Cresses:

Affila (Pea Shoots)	x 16	£16.00 tray
Basil	x 16	£16.00 tray
Rock Chives	x 16	£16.00 tray
Salicornia	x 16	£18.75 tray
Shiso Purple	x 16	£16.00 tray
Sakura Mix	x 16	£18.00 tray

French Mini Vegetables:

* Please phone in and check availability

Beetroot, Pink, bunches	x 12	£P.O.A
Beetroot, Red, bunches	x 12	£P.O.A
Beetroot, Candy, bunches	x 12	£P.O.A
Carrots, Orange, bunches	x 12	£P.O.A
Fennel, bunches	x 12	£P.O.A
Leeks, bunches	x 12	£P.O.A
Red Cabbage	x 16	£P.O.A
Savoy Cabbage	x 16	£P.O.A
Turnip, bunches	x 12	£P.O.A

Micro Greens:

Mix A - Beetroot, Leek, Pea	130 g	£1.50 each
Mix B - Radish, Leek, Mustard	130 g	£1.70 each
Beetroot - for decorating	50 g	£1.65 each
Fennel - strong aniseed taste	50 g	£1.65 each
Leek - great colour & taste	50 g	£1.65 each
Meli Melo - great spicy mix	50 g	£1.30 each
Mustard - simple great taste	100 g	£1.65 each
Peas - sweet taste	200 g	£1.65 each

Fresh Produce...

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Vegetables

Aubergine	5 kg	£11.25 box
Artichoke, Jerusalem	5 kg	£25.00 box
Beetroot, raw, large	10 kg	£12.50 box
Broccoli	5 kg	£11.50 box
Cabbage, Red	10 kg	£6.25 sack
Cabbage, Savoy	x 6	£7.50 box
Carrot Bunched	x 12	£15.00 box
Carrots Violet	5 kg	£11.50 box
Carrots Yellow	10 kg	£12.75 sack
Cauliflower, Purple	x 6	£18.50 box
Cauliflower, Yellow	x 6	£18.50 box
Celeriac	10 kg	£12.50 box
Courgettes, Organic UK	5 kg	£5.50 box
Courgettes Yellow	5 kg	£27.50 box
Coco Beans, white	5 kg	£12.50 sac
Cucumbers	x 12	£8.25 box
Fennel	5 kg	£7.50 box
Green Beans Extra Fine	2.7 kg	£15.25 box
Garlic Lautrec Pink	1 kg	£10.75
Garlic Smoked String	1 kg	£5.00
Leeks	10 kg	£11.50 sack
Onions, red	10 kg	£12.50 sack
Onions, white	10 kg	£12.50 box
Onions, yellow	10 kg	£6.25 sack
Peppers, green	5 kg	£10.00 box
Peppers, red	5 kg	£9.40 box
Peppers, yellow	5 kg	£12.50 box
Radish pink	x 12	£11.25 box
Runner Beans, Uk	x 4 kg	£9.00 box
Radish red	x 12	£11.25 box
Sweet corn, Organic UK	x 10	£3.80 box
Shallots, Banana	5 kg	£6.30 box

Vegetables, continued...

Spinach	5 kg	£8.80 box
Yellow Fine Beans	5 kg	£20.00 box

Tomatoes

Tomatoes, Black Crimee	3 kg	£17.75 box
Tomatoes, Green Zebra	3.5 kg	£16.75 box
Tomatoes, Cherry vine	3 kg	£13.00 box
Tomatoes, Vine	10 kg	£19.90 box
Tomatoes, Heirloom	3.5 kg	£19.75 box
Tomatoes, Plum	6 kg	£13.50 box

Mushrooms:

Button	2.2 kg	£5.25 box
Cepes	1 kg	£22.50/ kg
Chanterelle Grey	1 kg	£16.25/ kg
Girolle	1 kg	£12.50 / kg
Pied De Mouton	1 kg	£21.00 / kg
Pied Bleu	1 kg	£17.50 / kg
Pleurote Grey	1 kg	£5.75 / kg
Trompettes, Black	1 kg	£22.50 / kg
Shii-take	1 kg	£10.00 / kg
Wild weekly Mix	1 kg	£37.50 box

The Gourmet Potato Co. Potatoes:

Black Shetland	10 kg	£20.00 box
Charlotte	10 kg	£15.50 box
Desiree	25 kg	£14.30 sack
Highland Burgundy Red	10 kg	£21.50 box
King Edwards	25 kg	£15.00 sack
Nicola	10 kg	£15.50 box
la Ratte	10 kg	£22.50 box
Salad Blue	10 kg	£21.50 box

